

April 2024

Dear Parents/Carers,

Y10 Bronze DofE Training walk

Please see the details below for day 2 of the Bronze training walk.

Training Day 2 - Sunday 19 May (Fulford walk)

Can students please **meet outside the front of the school gates at 8.20am**. The mini buses will leave school at 8.30am to drive to Fulford Cemetery which is around a 20 minute drive.

Those meeting us at Fulford Cemetery please arrive for 8.50am - 9am and meet on the park opposite the cemetery.

We will walk on a circular walk of approximately 12-13km. Each group will be out walking with a teacher all day learning navigation, country code and how to be safe on country roads.

We will aim to be back to school for around 2.30pm - 3pm but we cannot guarantee this as it depends on how fast the groups' walk. Pupils can send a text or phone parents as we leave Fulford with any updates.

| BRONZE TRAINING | |
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| Timing of day | What to do... |
| 8.50am - Parents drop off students. - Those arriving by minibus arrive at Fulford | Students are directed to their named teacher who then does the general safety briefings. Additional waterproofs given out as required. |
| 9.00am Teams staggered from the start | In walking groups, students start on their training walk, 90% on public footpaths. |
| 9.00am - 2.30pm In teams | Topics covered by staff during the walk Highway code Country code Navigation and emergency procedures Using a map and compass Group management and safety |
| 2.30pm onwards | Pupils collected by parents (please await a text/call from pupils) Minibuses head back to VOY |

What to Wear and Bring each day

- ★ Wear outdoor clothes that can get *muddy* - check the weather forecast beforehand and dress appropriately (waterproof coat and trousers if any possibility of rain, sun cream and sunhat if any sun, extra layers if cold.)

:Y030 6ZS

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- ★ Wear comfortable, sturdy walking shoes or walking boots. (Trainers are OK as long as they have thick, sturdy, supportive soles.)
- ★ Bring a comfortable backpack to carry lunch and waterproofs in.
- ★ **Bring packed lunch/drinks/snacks** (not pot noodles - there will not be a kettle!)
- ★ **Any asthma inhalers/epipens/other essential medications** that pupils may use. A pen for taking notes.

Students must come prepared to work hard!

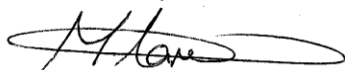
Following the training weekend

After training, the expeditions are supervised remotely using checkpoints though staff do stay on the same site at Bronze level. We will be **camping at Lakeside Holiday Park, Castle Howard, YO60 7DA**. Please be aware that under DofE rules, participants are only allowed to use a mobile phone in case of emergencies so will be out of contact with you for the duration of the expedition. A separate letter will follow with this information on.

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| Qualifying Expedition | The accommodation will be in tents (shared with friends) which are provided by school to use. |
| 15/16 June 2024 | Qualifying Exped.– 2 days, 1 night Meet at school at 8.15am Sheriff Hutton to Coneysthorpe on a circular route. Camping at Lakeside Holiday Park in Castle Howard. |

If you have any further queries please don't hesitate to contact me at m.rampling@voy.hslt.academy

Yours faithfully



Mr M Rampling
Head of Sport and Enrichment