



7 September 2023

Dear Parent/Carer,

Design Technology and Food Preparation and Nutrition

Design Technology and Food Preparation and Nutrition form an important part of the curriculum here at the Vale of York Academy. Students are timetabled for 1 hour per week across the KS3 curriculum.

Whilst in KS3 Food and Nutrition students will learn the importance of working with fresh ingredients to create high quality products. These are predominantly savoury in accordance with the government guidelines. Students will gain a sound understanding of basic nutrition and healthy eating, along with safe food handling.

In KS3 Design Technology students will make usable products using a variety of hard and soft materials focusing on developing practical skills in the workshop whilst learning the importance of Health and Safety.

Practical lessons in both subject areas are compulsory in the Vale of York Academy curriculum offer. In Food Preparation and Nutrition, we would kindly ask for your support in providing ingredients for the lessons. Recipes and ingredient lists are given a week in advance. However, it is very important that students take responsibility for resolving any problems with as much prior notice before the lesson. If ingredients cannot be brought in for any reason, we kindly request a note to explain the circumstances.

Could you please [complete the Google form here](#) confirming you have read this information, any allergies/special needs your child may have and if your child is in receipt of pupil premium funding and would like to receive some support towards ingredients.

Should you have any questions please do not hesitate to contact the school or the Food and Design Technology department 01904 560000 or email m.zulkarnain@voy.hslt.academy

Thank you for your support

Mrs M Zulkarnain



Curriculum lead

You can find further information and photos of students' achievements on Twitter:

@food_valeofyorkfood

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