## Vale of York PE clubs Term 1 (Sept – Dec 2023)

Monday	Tuesday <u>MEETING NIGHT</u>	Wednesday	Thursday GIRLS NIGHT	Friday
MR Year 7, 8 & 9 (Boys) Football - Astro Changing room 1 & 2 (Boys)	MR When no meetings on – Happy to open up the fitness suite for sessions. No clubs due to meetings	HC Year 8 - 11 Trampolining - Gym Changing room 3 & 4 (Girls)	RO Year 7-11 GIRLS Fitness – fitness suite Changing room 1	MH Year 7 - 11 Basketball - Sports Hall Changing room 1 (Boys) & 2 (Girls)
LD Year 9, 10 and 11 Netball – Sports Hall Changing room 3 & 4 (Girls)		Football training (Astro)	LD Year 7- 8 GIRLS Netball – Sports Hall Changing room 4 (Girls)	
MC Year 7 - 9 Fitness – fitness suite Changing room 1		JM Year 7 - 11 Rugby – School field Changing room 1 (Boys) & 3/4 (Girls) CB Year 7 – 11 (Until 4.30pm)	MR Year 7 – 11 GIRLS Football training (could look to also add Rugby) – (Astro) Changing room 3 (Girls) AFTER MOCKS – MR	
		Badminton - Sports Hall Changing room 1 (Boys) & 3 (Girls)	GCSE PE afterschool – P6 LUNCH P6 – GCSE	

All clubs require Vale of York PE kit to be worn, students will get changed at 3.15pm in the changing rooms specified. Sessions will end at 4.15pm and all clubs are mixed gender. Students will need to sign in on the afterschool register with the staff running the club.