

Are you a Separated Parent?

Parenting is a very difficult task.

Parenting separately brings its own unique challenges.



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National
Family
Mediation

Family Matters York and York Family Mediation Service are offering a FREE 2-session course which explores some of these challenges and how we can do the best for our children.

Date: Mondays 15, 22 January

Time: 12.45 – 2.45pm

Ex-partners must attend the course separately.

To book a place or for any further information please contact Helen Atkinson on 07393 147259, email

helenatkinson@fmy.org.uk or Catharine Morris on 792151, email yorkfms@care4free.net

Come along and share your ideas with other parents!